Purpose

Foe A Te Vaka sets out Pacific health development priorities for Compass Health June 2016-2021. It represents a long term action plan for providing services to promote the better health for Pacific people. We acknowledge the Ministry of Health’s ‘Ala Mo‘ui: Pathways to Pacific Health and Wellbeing 2014-2018’ as a guiding document for the Compass Health Pacific Action Plan.

Key Focus

Providing Pacific communities with a better health system that is accessible, affordable and family centred, where the perspective and needs of Pacific peoples are taken fully into account.

The wording ‘Foe A Te Vaka’ is Tokelauan and is literally a call by the guiding elder to ‘paddle the vessel’. In the context of this explanation, the wording then becomes the guiding call to ‘move forward together’ and to advance. This call is also an invitation to everyone who has an interest in Pacific health to travel with us on this exciting journey.

Plan

This plan is an important guide for Compass Health and the wider health sector, and it links our local health planning with wider government policies and strategies. This plan is not just a strategic plan - it is an action plan, so it provides us with clear milestones for future health service development in the wider Wellington region. Most particularly, it is an inclusive document, so it provides both the health sector and Pacific people with a way forward that everyone can support.

Situation

The health status of Pacific people lags behind that of non-Pacific. Compass Health is responsible for over 13, 500 Pacific people in its enrolled population and is charged with developing strategies and plans addressing the health needs of all people particularly “to reduce health disparities.”

5 Priority Focus Areas for Compass Health

| Priority 1: | To Improve and Sustain Pacific Child and Youth Health (0-24 years) |
| Goal: | Compass Health to provide and support health service providers to reduce health inequalities by giving every Pacific child and young person the best start in life |
| Priority 2: | Empowering Pacific families to make positive changes for improved health and wellness |
| Goal: | Pacific people and families living with poor health conditions are empowered to be as healthy as they can, and live longer and more independent lives |
| Priority 3: | Ensure quality primary health care is available, accessible, affordable and is family-centred |
| Goal: | Make health care whenever and wherever it is needed accessible and affordable for all, in particular for people on low incomes and for Pacific people, who experience poorer health |
| Priority 4: | Best practice is supported through Provider and Workforce Development |
| Goal: | Compass Health networks must develop a range of health care workers who are able to meet the challenges the Pacific communities present in managing their health in a holistic way when and where it is needed |
| Priority 5: | Pacific Health research and effective use of data |
| Goal: | Pacific health research and service evaluation are directed to the areas of most benefit for Pacific health |

Compass Health Wellington Office
Level 4, The Willeston Centre 22-28 Willeston Street Wellington 6011, New Zealand PO Box 27 380 Marion Square Wellington 6141, New Zealand E: enquiries@compasshealth.org.nz W: www.compasshealth.org.nz Ph: 04 801 7808 Fax: 04 801 8715
## Activity plan - how can we make a difference?

**Priority 1: To Improve and Sustain Pacific Child and Youth Health (0-24 years)**

### Oral Health
- Support Regional dental service and PHO in data matching to identify children not enrolled.
- Promote the service to support families to access Dental Services.
- Promote key messages on oral health care.
- Run Annual Lift the lid training for Primary Care.
- Explore the role of the church in health education sessions aimed at informing families and raising their awareness about causes of dental caries.
- Provide information available about accessing advice/treatment regarding oral health care.
- Advocate for fluoridation of water.
- Advocate for funding to support access to dental care.

### Respiratory
- Make financial information available about accessing advice/treatment.
- Reinforce correct use of prescription medicines.
- Develop relationship with Asthma Services and promote focus on ‘wellness’.
- Promote Smoke free Homes.
- Promote referral to Well homes programme.
- Promote information on rural areas.

### Rheumatic Fever
- POAC claims available for treatment in primary care.
- ASH rates.

### Skin Disorders
- Promoting high Skin health messages.
- Promote 3DHB pathways.
- Make information available that assist fanau to recognise signs and symptoms of common skin disorders.
- Reinforce correct use of prescription medicines.
- Increase the level of fanau/child/ staff knowledge and awareness of causes/problems intervention.
- Work with Practices and Midwives to support enrolment of all Pacific Children.
- Work with Practices to monitor child’s immunisation status as the opportunity presents itself (e.g. when Fanau visits the GP/Nurse or during home visits).

### Access to Primary Care
- Promote warm dry homes.
- Promote referrals to Well homes programmes.
- POAC claims available for treatment in primary care.
- ASH rates.

### Immunisation
- POAC claims available for treatment in primary care.
- ASH rates.

### Nutrition
- POAC claims available for treatment in primary care.
- ASH rates.

### Tobacco Control (Violence Cessation)
- Increase awareness of Smoking cessation programmes locally (Quit Line, Pacific Smoking Cessation Services).
- Practice performance report.

### PRIORITY 4: Best practice is supported through Provider and Workforce Development

### Activity
- Promote Free Under 13 for Primary Care.
- Promote the Pacific Navigation service.
- Promote use of interpreters service.
- Link to other Pacific Health.
- Services across the region.
- Promote and provide Pacific Cultural Competency training to Primary Health providers.
- Promote the use of Pacific Cultural Guidelines.
- Monitor LTC plans and Spend in Pacific populations.

### Activity
- Strengthen quality services by ensuring Pacific consultation occurs when service is being developed.
- Pacific orientated providers within Compass Health will be supported to be sustainable.
- The PAC will act as a lead in consultation with the community whenever and wherever is needed to inform the work of Compass Health.

### Mental Health
- Information is readily available and confidentially accessible through General Practices and the Compass Health Mental Health Team either by enquiring in person or by phone.
- Strategically positioning information material so that interested fanau can access this information discreetly.
- Promote of living well with mental health in community events and activities.
- Explore appropriateness/feasibility of working in partnership with other health providers, PHOs and Ministries of local Churches to hold community forums where Fanau are engaged.
- Provide information about how to access health services when this is required (e.g. GP, A&F, ED).

### Tobacco Control (Violence Cessation)
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- Practice performance report.

### Research and Evaluation
- Develop a set of appropriate indicators to measure and monitor Pacific Health outcomes and service performance.
- Performance measures.
- Research evaluations.

### Research and Evaluation Continued
- Build on existing health literacy research; identify what works best to strengthen health literacy in Pacific peoples.
- Evaluate services and models of care that improve Pacific health outcomes.
- Support Compass Health participation with Pacific related resources.
- Keep informed on research activity relevant to Pacific peoples.

### Activity
- Mentoring Programme in place.
- Student nurse placement numbers within general practice and Compass Health.
- Student nurse placement numbers.
- Expos attended.
- Programme for secondary students to work with Compass Health staff.

### Activity
- Increase the availability and accessibility of information that supports effective and appropriate planning, delivery and monitoring of services.
- Data that is collected at the point of contact with the patient/fanau will be accurately recorded and compiled including the correct spelling of full names.
- All data collected will be recorded appropriately.
- Analyse ethnic specific data for example, what are the top five risk factors for childhood asthma? Follow up on the findings.
- Analyse HMQC health survey results and support related activities.

### Activity
- Information will be available at college health clinics and General Practitioners that demonstrates the effects of alcohol and drug abuse.
- Increase the level of knowledge & awareness of the effects of alcohol and drug abuse for youth through promotional activities.
- Safe drinking behaviour will be promoted at related health events and other fora.

### Accessing Health Care
- Research current available data through Compass Health to identify youth utilisation.
- Current number of youth that utilise college health services.
- Liaise with local youth organisations (e.g. Vibe, KYB, Youth Council) to identify other issues there may be for youth.

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