Te Rautaki Māori

Better Māori Health Outcomes through Great Primary Care
MIHI | WELCOME

Piki mai, Kaki mai
Homai te waiora ki āhau
Tiaki wai! Tiaki wai! Tiaki waiora!
Ka whakawhitia te awa I pikopiko I whiti
Ka whakahōia te nāhi I maroro ai te rangi
Ka ora āhau
Tiaki wai! Tiaki wai! Tiaki waiora!

Whano! Whano!
Haere mai te toki
Haumie hui e tāiki e!

Mihi, me tangi hoki, ki te hūnga kua huri ki tua o te āria
Piki ake, kake ake, I te arā whānui ā tāne, nō reira, haere, haere, haere
Tatau te hung ora tēnā tātau katoa

TE TIRITI O WAITANGI

Tū Ora Compass Health acknowledges the special relationship that exists between the Crown and Tāngata Whenua set out in Te Tiriti o Waitangi.

Legislation has actioned this commitment that the articles of Te Tiriti o Waitangi are expressed through the principles of Partnership, Participation and Protection.

Partnership - working together with iwi, hapū, whānau and Māori communities to develop strategies for Māori health gain and appropriate health and disability services.

Participation - involving Māori at all levels of the sector, in decision-making, planning, development and delivery of health and disability services.

Protection - working to ensure Māori have at least the same level of health as non-Māori, and safeguarding Māori cultural concepts, values and practices.

WE ACKNOWLEDGE

This Māori Health Strategy acknowledges that the health inequities Māori experience are a result of a complex range of factors including:

- Impacts of colonisation, cultural alienation and breaches of Te Tiriti of Waitangi on Māori, whānau, hapū and iwi
- Differential access to quality health care
- Conscious and unconscious bias
- Institutional racism.
Tū Ora
Compass Health will achieve health equity (Pae Ora) through great primary care.

**BETTER QUALITY PRIMARY CARE FOR MĀORI MEANS:**

- **Manaakitanga** (caring & respect) - never trample on the mana of a person; ours is to always lift up, take care of, and be generous to others.
  
  Kaua e takahia te tangata, hikitia te tangata mō āke tonu atu.

- **Kotahitanga** (team work) - we work together for the benefit of our patients and network.
  
  Mahi tū kotahi.

- **Whakapai** (continuous improvement) - we pursue excellence through continuous learning, innovation, and improvement.
  
  Mātau ngā kai mahi ō Compass health hei whakapai āke tōnu atu. Whai ana te huarahi tika.

- **Ngākau Pono** (integrity) - we strive to be honest, dependable and driven by what is right.
  
  He karanga kia mataara, kia tautiaki te hūnga ngākau pono.

**BETTER HEALTH FOR MĀORI MEANS:**

Equitable health outcomes with whānau members living longer and healthier lives through:

- **Pae Ora** (Healthy futures for Māori)
- **Whānau Ora** (Healthy Families)
- **Mauri Ora** (Healthy Individuals)
- **Wai Ora** (Healthy Environments)

The practical expression of Te Tiriti o Waitangi in action will ensure a better quality of life for Māori through:

- **Partnership**
- **Participation**
- **Protection**
NGĀ HERENGĀ | COMMITMENT

Tū Ora Compass Health is committed to Māori health and wellbeing; it considers Māori health equity an organisational responsibility.

This Māori Health Strategy aligns with Tū Ora Compass Health’s ‘Good to Great’ Strategy 2021, and the Ministry of Health’s He Korowai Oranga – Māori Health Strategy¹. These guiding documents reflect our commitment to delivering high-quality health care that improves Māori health outcomes and ensures health equity for Māori.

Through this strategy we are committed to Te Tiriti o Waitangi in a practical way through our organisational structure, everyday work and attitude.

The Strategy proposes key outcomes and actions for improved Māori health and wellbeing in the region. It outlines actions to help Tū Ora Compass Health achieve Pae Ora – Healthy Futures for Māori. Tū Ora Compass Health has a Māori Health Committee (MHC) which is appointed and supported through iwi and taura here nominations.

The overarching aim for Tū Ora Compass Health, Primary Care Services, Capital and Coast DHB (CCDHB), Wairarapa DHB (WDHB), General Practice, Māori health providers and other service providers is to work together in a manner that places whānau at the centre of their health and wellbeing.

Tū Ora Compass Health uses the Ministry of Health’s Equity of Health Care for Māori: A framework (the Framework)² as a guide to the action it needs to take to achieve equitable health care for Māori. The Framework defines equity as:

‘the absence of avoidable or remediable differences among populations or groups defined socially, economically, demographically or geographically. Health inequities involve more than inequalities – whether in health determinants or outcomes or in access to the resources needed to improve and maintain health – but also a failure to avoid or overcome such inequality that infringes human rights norms, or is otherwise unfair (WHO, 2018).’³

The concept acknowledges that not only are differences in health status unfair and unjust, but they are also the result of differential access to the resources necessary for people to lead healthy lives.

The Framework indicates that Māori have the right to experience health equity through access to high quality health and disability services that are responsive to their needs and aspirations. It indicates that for this to occur action must be taken in each of the areas listed below:

- **Leadership** (by championing the provision of high quality health care that delivers equitable health outcomes for Māori)
- **Knowledge** (by developing a knowledge base about ways to effectively deliver and monitor high quality health care for Māori)
- **Commitment** (to providing high quality health care that meets the health care needs and aspirations of Māori)
The vision is achieving health equity for Māori (Pae Ora) supported by great primary care.

**VISION**

**WE WILL ACHIEVE THE VISION THROUGH:**

**Whakamana (to acknowledge)** – Using the principles of Te Tiriti o Waitangi and Māori models of health as the basis of building meaningful relationships and working in collaboration with Māori to achieve health gains and equity.

**Hapahāpai (to empower)** – Supporting our network of practice teams through:
- providing education and training in cultural competency, Māori models of health, health literacy and health equity
- ensuring accuracy of ethnicity data collection in Practice enrolment databases
- providing business and clinical quality support for achieving Māori health improvement and equity
- advocating for Māori health improvement through policies, processes objectives and practice
- providing Māori health improvement information and feedback

**Ngā Herengā (to commit)** – Delivering high-quality health care that meets the health care needs and aspirations of Māori.
- Working effectively with Māori, whānau, hapū, iwi and marae, in leading change to improve Māori health outcomes
- Providing support, education and training to all staff on cultural competency, Māori models of health, health literacy and health equity
- Commit to measuring Māori health and reporting organisational outcomes using an equity lens.

**Tūhonotanga (to engage)** – Supporting health and community initiatives that meet the needs and aspirations of Māori by:
- progressing partnerships with providers both within and beyond the health sector to allow for better service integration, planning and support for Māori
- developing, growing and strengthening relationships with Māori, whānau, hapū, iwi and marae.
PRIORITIES

Tū Ora Compass Health’s strategic priorities include a commitment to Te Tiriti o Waitangi, addressing broader determinants of health, giving tamariki the best start in life and reduce health loss from long term conditions.

WE WILL ACHIEVE OUR PRIORITIES THROUGH:

Demonstrate our commitment to the principles of Te Tiriti o Waitangi and improving Māori Health outcomes by:

- Prioritising Māori health and monitor impacts of initiatives on Māori health equity
- Increase Māori workforce and participation throughout the organisation and Primary Care
- Support practices to develop and implement Māori Health Plans that will have achievable and measurable outcomes
- Incorporate te reo and tikanga Māori into business as usual activities for Tū Ora Compass Health.

Address the broader determinants of health*

- Link whānau to appropriate health and social services
- Lead change to support more connected care
- Establish a Violence Intervention Programme in Primary Care.

Give tamariki the best possible start in life

Support health professionals, Māori individuals and whānau to develop health literacy and improve access to health and social services

- Support organisational and community initiatives that meet the health needs of tamariki
- Resources and service design are focussed on maternal and child health.

Reduce health loss from long term conditions

- Focus on diabetes, heart disease, mental health and other risk factors.
GOALS

Over the next four years, the Tū Ora Compass Health board, management and staff will champion the provision of high-quality health care that delivers equity of health outcomes for our Māori population in Wellington, Porirua, Kāpiti and Wairarapa.

WE WILL ACHIEVE THIS BY FOCUSING OUR EFFORT ON THREE STRATEGIC GOALS

1. LEADERSHIP
   Ngā Kaiārahitanga

2. KNOWLEDGE
   Matauranga Hauora

3. COMMITMENT
   Ngā Herengā

MAURI ORA
Healthy Individuals

PAE ORA
Healthy Futures for Māori

WAI ORA
Healthy Environments

WHĀNUA ORA
Healthy Families
TŪ ORA RANGAPU: KEY PERFORMANCE MEASURES

Key performance measures will be used to monitor the implementation of the Māori Health Strategy and improvement in Māori health outcomes.

1 TŪ ORA COMPASS HEALTH CLINICAL SERVICES DASHBOARD

A Tū Ora Compass Health clinical services dashboard will be developed. This dashboard will be a compilation of key clinical quality measures from the services that Tū Ora Compass Health deliver direct to patients. The dashboard will outline measures by ethnicity to ensure that equity of health outcomes for Māori is actively monitored.

2 TŪ ORA COMPASS HEALTH PRACTICE NETWORK DASHBOARD

The Tū Ora Compass Health practice network dashboard is already in place and monitors the progress of practice achievement on key clinical quality measures that are set by the Tū Ora Compass Health Clinical Quality Committee each year. The dashboard aligns with national health targets, local DHB system level measure indicators and Tū Ora Compass Health priorities. The dashboard outlines measures by ethnicity to ensure that equity of health outcomes for Māori is actively monitored.

3 THE TŪ ORA COMPASS HEALTH ACTION PLAN

An Action Plan will be drafted and agreed with the board, and updated as part of the annual planning cycle.

A quarterly implementation and monitoring report will be drafted and submitted to the Māori Health Committee, the Very Low Cost Access and Youth Council, and the Compass Board.

REFERENCES

9 Examples are: Te Whare Tapa Whā, Te Pae Mahutonga
10 The broader determinants of health are the conditions in which people are born, grow, live, work and age. They include factors such as indigenous status, early life conditions, disability status, education, employment/unemployment and working conditions, food security, sex, health care services, housing, income, ethnic differences, social position and social exclusion